



CSP TIDERIDERS™
200 All-Around Challenge
April 25th, 2010

HELD UNDER the Sanction of USA SWIMMING AND OZARK SANCTION #5268

LOCATION: Lindbergh High School - 4900 South Lindbergh Blvd., St. Louis, Mo. 63126

FACILITY: The pool is 10-lanes, 25 yards, equipped with 10 lane scoreboard, Kiefer-McNeil wave eater, non-turbulent lane markers & Dolphin Wireless Stopwatch Timing System. THIS IS A NO SMOKING FACILITY with seating for 600 spectators.

DIRECTIONS: Take 270 to Gravois Road east, and then south on Lindbergh Blvd.

WARMUPS: AM Warm-up: 7:00 - 8:00 AM
Meet Starts: 8:15 AM

WARM UP PROCEDURES: Warm-up lanes will be assigned. Warm-up procedure will be as defined by Ozark LSC safety regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. The meet referee or his designee shall instruct the swimmer in the safety rules for the meet and assign them to warm-up lanes.

ELIGIBILITY: All swimmers must be athlete members of USA Swimming at the time of meet entry. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and their entry fees will not be refunded. Swimmer's age on the first day of the meet Sunday April 25th, 2010 determines age for the meet. Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer (and or the team) found not having current USA Swimming membership who swims in an Ozark sanctioned meet is subject to a \$100.00 fine per athlete.

ENTRIES: The host team reserves the right to limit the meet to the first 200 swimmers. No team entry will be split. Swimmers may swim up to five (5) individual events. Entries should be submitted via email or on a compatible Hy-Tek Meet Manager entry file. Telephone/fax entries will not be accepted. All entries must be received by the entry deadline. Please enter in yards times only. **DECK ENTRIES WILL NOT BE ACCEPTED.**

Sanction # 5268



DEADLINE: Entries will be accepted beginning at 9:00AM on Wednesday, April 7, 2010. Entry deadline is 1:00pm, Wednesday, April 14, 2010.

Email entries to: pzenk@cspswim.com.

Hard copy with check payable to CSP Tideriders must be received by entry deadline April 14, 2010.

Priscilla Zenk
Entry Chair CSP Tideriders
2627 Hope Avenue
St. Louis, MO 63143

FEES: Individual Events: \$4.00 per event
Surcharge: \$5.00 per individual swimmer
Entry fees must accompany entry / only one check per team.

CHECK-IN: Meet will be deck seeded. Deck entries will not be accepted. **Athletes or coaches must positively check in 30 minutes prior to the start of the meet. Any swimmer that fails to check in will be scratched from all of their events for the day.**

RULES: Held under the sanction of USA Swimming. All technical and administrative rules of USA Swimming/Ozark will apply. Per Ozark LSC policy, video cell phones and video recording devices are prohibited in all locker rooms and bathrooms.

AGE CATEGORIES:

The meet is for athletes 13 years of age up to 18 years of age. Age as of Sunday, April 25th, 2010 will determine eligibility for meet in all age categories.

EVENTS: Enter swimmers at fastest yard times. NT will be accepted. Swimmers will be seeded in events according to time, scoring and awards by individual age/gender as described in Awards.

AWARDS: Custom Awards given as All-Around aggregate times in all 5 events for each age (13, 14, 15, 16, 17, & 18) 1st - 3rd both Male and Female.

SPECTATORS ARE NOT ALLOWED ON THE POOL DECK.

HOSPITALITY: There will be a hospitality area for officials and coaches.

COACHES: Only 2010 certified USA Swimming coaches will be permitted on the pool deck. USA Swimming Coach's cards may be checked by the meet referee.

MEET DIRECTOR: Kim Glogoza 636-397-0665 kglogoza@charter.net

MEET REFEREE: Kim Weiss 636-244-0832 weiss58@charter.net

SAFETY MARSHALL: Priscilla Zenk and Terry Freerks

OFFICIALS COORDINATOR: Kim Weiss

Sanction # 5268

200 All-Around Challenge
SUNDAY, April 25, 2010

Girls Event	Qualifying Times	EVENT	Qualifying Times	Boys Event
1	NT	200 IM 10 minute break	NT	2
3	NT	200 Fly 10 minute break	NT	4
5	NT	200 Back 10 minute break	NT	6
7	NT	200 Breast 10 minute break	NT	8
9	NT	200 Free	NT	10