

**THE PARKWAY SWIM CLUB BOOSTERS
PRESENT**

**THE 2010 OZARK QUALIFIER
FEBRUARY 13 – 14, 2010**

HELD UNDER USA SWIMMING INC., AND OZARK SANCTION #5257

LOCATION:

**PARKWAY NORTH HIGH SCHOOL
12860 FEE FEE ROAD, CREVE COEUR, MISSOURI 63146**

DIRECTIONS:

From I-270: Take Page Avenue West. Exit on Bennington. Turn left on Bennington and then right on Fee Fee. Parkway North High School is on the left (East) side of the road. There is a stop light at the entrance. Parking is just beyond the entrance.

FACILITY:

25 Yard, 6 lane indoor pool with Paragon Starting Blocks and Competitor non-turbulent lane lines. 13' to 4' depth. Colorado System 6 timing console & one-line score board.

ELIGIBLE TEAMS: PKWY, CSP & FAST

WARM UPS:

Saturday and Sunday AM (11-12, 19 & Under)	
7:00 – 7:30 AM	Group A
7:30 – 8:00 AM	Group B
8:15 AM	Meet Start
Saturday and Sunday PM (10 & Under, 13-14)	
11:45 – 12:15 PM	Group A
12:15 – 12:45 PM	Group B
60 Min. after warm-ups start and not before 1:00 PM	Meet Start

**** The last five (5) minutes of each session may be used for Sprints.**

WARM UP PROCEDURE:

The host team reserves the right to extend the warm-up periods for safety considerations. Warm up lanes will be assigned. Warm up procedure will be defined by Ozark LSC regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she is entered.

ELIGIBILITY:

Currently registered USA swimmers who have not yet achieved the Ozark Championship Qualifying Time (Q Time) for the events being swum. The 19 & Under age group will conform to the 15 & Over Q time. USA registrations status "Applied for" will not be accepted. Registration numbers must accompany the entry. Swimmers entered in the meet who are not current members will be dropped from the meet, their entry fees will not be refunded, and Ozark fine of \$100 will be assessed. Swimmer's age on Saturday, February 13, 2010 determines age for the meet. All coaches must hold a valid USA Swimming Coach's Card and all officials must be USA certified.

Deck entries will be accepted at the discretion of the Meet Director and the swimmer must present a valid USA Swimming Membership for 2010 at time of entry.

ENTRIES:**Entries due by Noon on February 1, 2010.**

Swimmers may swim 4 individual events plus one relay each day. Each team may enter two (2) relays per team per age group. A swimmer must swim at least one individual event at any time during the meet to be eligible for a relay.

SEEDING & CHECK-IN

Swimmers should check in with their coach 45 minutes before the meet is to begin. Failure to check in for a session will result in the swimmer being scratched for that session. The meet will be deck seeded. Deck entries are at the discretion of the Meet Director and proof of USA registration must be available at the meet for all swimmers looking to deck entry.

E-MAIL ENTRIES AND FEES:

**ENTRY CHAIR
PARKWAY SWIM CLUB
12657 FEE FEE ROAD
ST. LOUIS, MO 63146**

Entries should be submitted via e-mail. Telephone/fax/postal mail entries will NOT be accepted. **Entries will be accepted starting at 8:00 a.m., January 11, 2010 on a first come, first entered basis.** Entries must be received by noon, February 1, 2010. **Please enter using yard times only. Conversions from SCM or LCM will NOT be accepted.** Entries may also be submitted on an official Ozark Entry Form.

**E-mail entries will be accepted at: pkwymeetentries@hotmail.com
Contact Katie Christensen, Meet Secretary with entry questions.**

FEES:

\$3.00 per Individual Event
\$6.00 per Relay Team Event
\$6.50 Swimmer Surcharge
\$6.00 per Individual Event Deck Entry
\$12.00 per Relay Deck Entry

AWARDS:

A High Point Trophy will be awarded to the top individual male and female point scorers in each age group. Only points scored within an age group will be counted towards that age group's high point trophy. Individual Point Scoring: 9-7-6-5-4-3-2-1

Individual Awards: 1st – 8th Double Ribbons
Relay Awards: 1st – 3rd Double Ribbons

RULES:

The 2010 USA Swimming / Ozark official rules shall govern the meet.

Possessing a still or video camera or a cell phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms or any other location where swimmers may be dressing. Any person so found possessing such devices in these areas will immediately be removed from the meet with all fees forfeited, and subject to further LSC and/or USA Swimming sanctions and penalties.

SWIM SUITS:

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules.

The USA Swimming Rule, accept by the Ozark Swimming House of Delegates, will be in effect. It reads as follows:

102.9 SWIMWEAR**1. Design**

- A. Swimsuits worn for all 12 and under group defined competition shall not cover the neck; extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- C. The Referee shall have authority to bar offenders from the competition until they comply with the rule.

OFFICIALS:

MEET DIRECTOR: PAT ORF e-mail: Orfhouse@yahoo.com
REFEREE: KAREN SMILEY ksmiley@ccasc.com

ALL OFFICIALS WILL BE OZARK / USA SWIMMING CERTIFIED.

CONCESSIONS:

Concessions will be available. All food and drink is restricted to the “concession area”. **FOOD AND BEVERAGES ARE NOT PERMITTED IN THE POOL OR BULLPEN AREA.** This is in accordance with Parkway School District policy and is expected of every participant as guests in their facilities. The Meet Director reserves the right to expel those who do not adhere to this policy.

HEAT SHEETS & RESULTS:

Heat sheets will be available for sale. Results will be posted at the meet. Final results can be ordered at the heat sheet sales table or by contacting the meet secretary.

CHECK-IN:

Swimmers should check in at the bullpen 45 minutes before each session. Failure to check in for a session will result in the swimmer being scratched for that session. The host team reserves the right to pre-seed the meet if the timeline permits. Deck entries are at the discretion of the Meet Director.

500 FREESTYLE & 400 IM:

A swimmer entered in the 500 freestyle must provide his/her own timer and person to count laps. A swimmer entered in the 400 IM must provide his/her own timer.

BULLPEN:

A bull pen will be provided for both sessions and swimmers should report to their events in the bull pen.

VENDOR:

On the Blocks Aquatics will be available during the meet.

2010 OZARK QUALIFIER		
SATURDAY, FEBRUARY 13th - AM SESSION		
GIRLS' EVENTS	EVENT	BOYS' EVENTS
1	11-12 200 IM	2
3	19 - U 200 IM	4
5	11-12 50 BREAST	6
7	19 - U 100 BREAST	8
9	11-12 100 FLY	10
11	19 - U 100 FLY	12
13	11-12 100 BACK	14
15	19 - U 100 BACK	16
17	11-12 50 FREE	18
19	19 - U 50 FREE	20
21	11-12 200 MEDLEY R.	22
23	19 - U 200 MEDLEY R.	24
<i>10 MINUTE BREAK</i>		
25	11-12 500 FREE	26
27	19 - U 500 FREE	28

SATURDAY, FEBRUARY 13th - PM SESSION		
29	10 & UNDER 200 IM	30
31	13 – 14 200 IM	32
33	10 - U 50 BREAST	34
35	13 – 14 100 BREAST	36
37	10 - U 100 FLY	38
39	13 – 14 200 FLY	40
41	10 - U 100 BACK	42
43	13 – 14 100 BACK	44
45	10 - U 50 FREE	46
47	13 – 14 50 FREE	48
49	10 - U 200 MEDLEY R.	50
51	13 – 14 200 MEDLEY R.	52
<i>10 MINUTE BREAK</i>		
53	13 – 14 500 FREE	54

2010 OZARK QUALIFIER		
SUNDAY, FEBRUARY 14th - AM SESSION		
GIRLS' EVENTS	EVENT	BOYS' EVENTS
55	11-12 100 FREE	56
57	19 - U 100 FREE	58
59	11-12 100 IM	60
61	19 - U 200 FREE	62
63	11-12 100 BREAST	64
65	19 - U 200 BREAST	66
67	11-12 50 BACK	68
69	19 - U 200 BACK	70
71	11-12 50 FLY	72
73	19 - U 200 FLY	74
75	11-12 200 FREE RELAY	76
77	19 - U 200 FREE RELAY	78
10 MINUTE BREAK		
79	19 - U 400 IM	80
81	11-12 200 FREE	82

SUNDAY, FEBRUARY 14th - PM SESSION		
83	13 - 14 200 FREE	84
85	10 - U 100 FREE	86
87	13 - 14 200 BREAST	88
89	10 - U 100 BREAST	90
91	13 - 14 100 FREE	92
93	10 - U 50 BACK	94
95	13 - 14 200 BACK	96
97	10 - U 50 FLY	98
99	13 - 14 100 FLY	100
101	10 - U 100 IM	102
103	13 - 14 200 FREE RELAY	104
105	10 - U 200 FREE RELAY	106
10 MINUTE BREAK		
107	13 - 14 400 IM	108
109	10 - U 200 FREE	110