

FISHERS AREA SWIMMING TIGERS
THE 2013 MLK INVITATIONAL
PRELIMINARIES & FINALS, JANUARY 11-13, 2013



- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN13152
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center 13000 Promise Road Fishers, Indiana 46038
- FACILITY:** Two 25-yard pools with ten-7.5-foot wide lanes and non-turbulent lane markers. Both pools may be used for the preliminary sessions and finals sessions will be held in the competition (West) pool. Warm-down is available between the bulkheads. A Daktronics 2000 Time System will be used. Balcony spectator seating is provided.
- The main competition (West) pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The second (East) pool has a minimum depth of twelve feet (12') for the first five meters at the starting end. The second pool's turn end depth is three foot ten inches (3' 10") for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4).
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Enter the Natatorium through entrance FH6.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

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ELIGIBILITY: Age as of January 11th, 2013 shall determine each swimmer's age for the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential for deck access. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply. IHSAA Swimmers may need to obtain a waiver to compete in this meet.

MEET FORMAT: All Friday events are timed finals events. All 10-Under and 8-Under events will be swum as timed finals on Saturday and Sunday. Preliminaries will be conducted on Saturday and Sunday mornings for the 11-12, 13-14 & Open groups. There will be consolation and championship finals heats (top-20) on Saturday and Sunday for the 11-12, 13-14 & Open age groups.

The Open 1650 and 1000 Freestyle events will be swum as timed finals on Saturday and Sunday. All heats will be contested in prelims and swum fastest to slowest.

If a swimmer misses their event, they will be declared a “no show” and will not be placed in any other heat to make-up the swim. The Fishers Area Swimming Tigers reserves the right to use “fly-over” starts for all events.

POSITIVE CHECK-IN Positive check-in means, “I am here and I intend to swim.” There will be positive check-in for all timed finals and preliminary sessions. Check-in will close 50 minutes before the session start time. Positive check-in sheets will be located at the security tables in the natatorium lobby. Swimmers not checked in will be scratched. There is no positive check-in for Saturday and Sunday finals sessions.

ENTRIES: Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in Short Course Yards (SCY) times and completed to the hundredth of a second. Converted times should use the Hy-Tek Time Converter.

Each swimmer in the 11-12, 13-14 and Open age groups will be limited to three (3) individual events per day. 8 & Under and 10 & Under swimmers are limited to five (5) individual events per day. If an entry is submitted with an individual entered in more events than allowed, the entry will be made by order of events starting with Event #1 until the limit is satisfied; there will be NO refunds.

FAST reserves the right to determine which entries to accept. Among the items FAST will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

FAST reserves the right to limit the number of entries in all events to keep the time line manageable. There will be refunds for swimmers cut out of events.

ENTRY FEES: All entry fees must be paid by Friday, January 11th, 2013. Please make check payable to: FISHERS AREA SWIMMING TIGERS. Timed finals events are \$4.00 each and prelims/finals are \$5.00 per event. There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

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DECK ENTRIES: Will be accepted if the meet is not filled on ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Entry fee for deck entries are \$10.00 per prelim/final event and \$8.00 for timed final event.

SCORING: Places 1st through 10th 24-21-20-19-18-17-16-15-14-13
Places 11th through 20th 11-9-8-7-6-5-4-3-2-1

ENTRY PROCEDURE: We expect this meet to fill up very quickly. Entries will be accepted beginning Wednesday, November 14th, 2012 at 8:00 AM ET. The final entry date for entries to be received is 11:59 PM ET on Monday, December 10, 2012 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Wednesday, December 12, 2012 via email or US Postal depending on the form of entry.

Any accepted team entries may be updated until midnight on Monday, January 7th, 2013. Updated times must be received via email. No Phone updates will be accepted.

The entry deadline will be extended if the meet is not full. E-mail confirmation of receipt will be returned. The meet will be run using Hy-Tek Meet Manager computer program. Entries not submitted via email in Hy-Tek format will be subject to a \$50.00 data processing fee. A psych sheet will be posted on www.fasttigers.com after the close of entries.

Mail entries and fees to the Entry Chairperson:
Alec Haley
P.O. Box # 453
Fishers, Indiana 46038
307-258-8868
Email: entries@fasttigers.com

FINAL RESULTS: One complimentary copy will be provided to all teams. Final results will also be posted on the FAST website at www.fasttigers.com.

AWARDS: Custom medals will be awarded for 1st through 3rd place and ribbons will be awarded for 4th through 10th place finishers in all individual events for only 8 and Under, 10 and Under, and 11 – 12 age groups. Team awards will be presented for 1st place and 2nd place visiting teams. High point award (winner & runner-up) in all age groups (8-Under, 10-Under, 11-12, 13 -14, and Open). **AWARDS WILL NOT BE MAILED.**

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- SCHEDULE:** (All Times Are Eastern Daylight Time)
Friday
10-Under, 11-12, 13-14 & Open Age Groups
Warm-Up @ NOT BEFORE 4:00 PM
Meet Starts @ NOT BEFORE 5:00 PM
- Saturday & Sunday**
11-12, 13-14 & Open Age Groups
Prelims Warm-Up @ Not Before 6:30 AM
Prelims Start @ Not Before 8:00 AM Finals
Warm-Up @ Not Before 4:30 PM (Sunday @ Not Before 4:00 PM)
Finals Start @ Not Before 5:30 PM (Sunday @ Not Before 5:00 PM)
- 8-Under & 10-Under Age Groups Prelims
Warm-Up @ Not Before 12:00 Noon
Start @ Not Before 1:00 PM
- CLERK OF COURSE:** There will be a Clerk of Course located on deck for all 8-Under events. Lane assignments will be posted around the pool. Coaches are encouraged to cover check-in, scratch and meet procedures with their new swimmers and parents. NO PARENTS ARE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming.
- CONCESSIONS:** Concessions will be available at the concession stand outside the pool.
- ADMISSION:** An admission of \$4.00 per person for each session will be charged. There will also be an all-day pass sold for \$6.00. Children 10-under are free.
- MEET PROGRAMS:** Meet Programs (Psych Sheets and/or Heat Sheets) will be available for purchase.
- WARM-UPS:** Lanes for warm-ups will be assigned. Check the website at www.fasttigers.com and your coach's packet.
- MEET DIRECTORS:** Ralph Thielking (rthielking@mmufus.com)
- MEET REFEREE:** Lannie Carmack (lcarmack@comcast.net)
- OFFICIALS:** The FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.
- SUIT RULES:** All competitors must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee

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FACILITY NOTE: The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- Keep all trash picked up (swimmers and teams in particular).
- Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
- Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck.
- **NO SMOKING OR TOBACCO IS PERMITTED IN THE BUILDING.**

The Fishers Area Swimming Tigers will have security people patrolling the deck and locker room areas. Anyone caught abusing the building or facility, will be asked to leave the facility immediately and barred from further competition.

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FRIDAY, JANUARY 11, 2013

Girls Event #	Evening Session Warm-Up @ Not Before 4:00 PM/Meet Starts @ Not Before 5:00 PM	Boys Event #
1	10-Under 200 Individual Medley	2
3	11-12 200 Individual Medley	4
5	13-14 400 Individual Medley	6
7	Open 400 Individual Medley	8
9	10-Under 200 Freestyle	10
11	11-12 500 Freestyle	12
13	13-14 500 Freestyle	14
15	Open 500 Freestyle	16

SATURDAY, JANUARY 12, 2013

Girls Event #	Morning Session Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM	Boys Event #
	Finals Session Warm-Up @ Not Before 4:30PM/Meet Starts @ Not Before 5:30 PM	
17	11-12 50 Freestyle	18
19	13-14 50 Freestyle	20
21	Open 50 Freestyle	22
23	11-12 50 Breaststroke	24
25	13-14 200 Breaststroke	26
27	Open 200 Breaststroke	28
29	11-12 100 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	24
35	11-12 50 Butterfly	36
37	13-14 200 Butterfly	38
39	Open 200 Butterfly	40
41	11-12 200 Freestyle	42
43	13-14 200 Freestyle	44
45	Open 200 Freestyle	36
47	Girls 1650 Freestyle (Fastest heat in Finals)	
	Boys 1000 Yard Freestyle (all heats in Preliminaries)	48

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00Noon/Meet Starts @ Not Before 1:00 PM	Boys Event #
49	8-Under 25 Freestyle	50
51	10-Under 50 Freestyle	53
53	8-Under 25 Breaststroke	54
55	10-Under 50 Breaststroke	56
57	8-Under 50 Backstroke	58
59	10-Under 50 Backstroke	60
61	8-Under 50 Butterfly	62
63	10-Under 100 Butterfly	64
65	8-Under 100 Freestyle	66

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SUNDAY, JANUARY 13, 2013

Girls Event #	Morning Session Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM Finals Session Warm-Up @ Not Before 4:00PM/Meet Starts @ Not Before 5:00 PM	Boys Event #
67	13-14 200 Individual Medley	68
69	Open 200 Individual Medley	70
71	11-12 100 Breaststroke	72
73	13-14 100 Breaststroke	74
75	Open 100 Breaststroke	76
77	11-12 100 Butterfly	78
78	13-14 100 Butterfly	80
81	Open 100 Butterfly	82
83	11-12 100 Freestyle	84
85	13-14 100 Freestyle	86
87	Open 100 Freestyle	88
89	11-12 50 Backstroke	90
91	13-14 200 Backstroke	92
93	Open 200 Backstroke	94
95	Girls 1000 Freestyle (all heats in Preliminaries)	
	Boys 1650 Freestyle (Fastest heat in Finals)	96

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event #
97	10-Under 100 Backstroke	98
99	8-Under 25 Backstroke	100
101	10-Under 100 Breaststroke	102
103	8-Under 50 Breaststroke	104
105	10-Under 100 Freestyle	106
107	8-Under 50 Freestyle	108
109	10-Under 50 Butterfly	110
111	8-Under 25 Butterfly	112

General Information:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed in the deck area, except during the 1650 Free at which time a designated timer and counter will be allowed on deck to help with that event.
There are two men's and two women's locker rooms on deck.

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Fee Summary

This summary form must be completed and returned with all entry fees by January 11th, 2013. Please note your initial entry is due on Friday, January 11th, 2013 to get consideration for entry into the meet. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Alec Haley
P.O. Box # 453
Fishers, Indiana 46038
317-460-9206
Email: coachalec@fasttigers.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: Indiana Swimming Surcharge _____ @ \$1.50 = \$ _____

Number of prelims/finals individual entries _____ @ \$5.00 = \$ _____

Number of timed finals individual entries _____ @ \$4.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry:

Coaches Names:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____

Please indicate the preferred manner of receiving final results:

_____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____

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Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

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Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

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Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses ,expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2013

Signature of Club Official or Coach _____

Printed Name of Club Official or Coach _____

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Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	AmericInn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-841-0416 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 nd Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool