



## **SWIM YOUR OWN AGE MEET SUNDAY, DECEMBER 5, 2010**

The CSP Tideriders™ Swim Your Own Age Invitational Meet will be held on Sunday, December 5, 2010 at the Center of Clayton. This is a fun **one day meet**, especially great for a first time swim meet experience. We are completely dependent on our CSP families for the success of this meet. The support of the entire team is needed and greatly appreciated.

The day will be divided into two groups.

**Swimmers ages 9 and under will swim in the MORNING session (7:00-noon)**

**Swimmers ages 10-14 will swim in the AFTERNOON session (12:30-5:30)**

Here is how **you can help**.

- 1. Volunteer at the Meet – Deadline 11/10/10**
- 2. Sponsorship of Ads & Individual Events – Deadline 11/10/10**
- 3. Bring a toy to the Meet for Cardinal Glennon Children's Hospital**

**1. Volunteers** are needed in all areas. **All parents with swimmers entered in the Swim Your Own Age Meet are required to volunteer a minimum of one session.**

Go to [www.cspswim.com](http://www.cspswim.com) log in with your user email and password, go to CSP Swim Your Own Age Meet under Events on the Home page, click Job Signup. Approximate times are listed under each job. Place a check in the job you would like and then click Sign UP. If you have not signed up by the deadline and your child is swimming, then you will be assigned a job. \*\* If you need your password resent or any help contact Priscilla at [pzenk@cspswim.com](mailto:pzenk@cspswim.com)

We fill volunteer openings on a first-come, first-served basis, so if there is a specific job you would like to do, please send in your volunteer form early! As the volunteer spots become filled, we cannot guarantee that you will be assigned the job that you request. We need volunteers in the following areas: Computer, Results Poster, and Timing System (not computer; anyone can be trained), Timers, Awards, Bullpen, Security, and Hospitality. [Parents, if this is your first CSP meet and volunteering effort: If the brief description of the job on our signup website is not enough information for you to decide which job to volunteer for, please feel free to call the meet directors – they will be happy to give more details about each job.]

**Ads & Individual Event Sponsorship for the Meet Book.** For those families who are new to swim meets, at each meet there is a Meet Book (sometimes called a Heat Sheet)

which lists all of the events in the meet and all of the swimmers in each event with their times. The meet book is a great place for a sponsorship ad for your swimmer. Families are encouraged to place or sell **ads** for the book. Some parents or grandparents place ads to support their kids. Some families sell ads to businesses to place in the Meet Book.

Families are also encouraged to **sponsor events** for their children or coaches. Up to four events may be sponsored by each family. Parents usually pick events that their child likes to swim, but any event may be sponsored.

**Ad and Sponsorship forms are attached with this e-mail. All costs for ads and sponsoring events can be charged to your CSP account. Just complete for attached forms, return to CSP 2627 Hope Ave St Louis, MO 63143 with ad or event sponsor name and check the box charge my account.**

**3. Toy collection for Cardinal Glennon Children's Medical Center.** We are collecting toys for Cardinal Glennon Children's Medical Center. This is a community service that has been a tradition for the Swim Your Own Age Meet. A wish list is attached.

Thanks for your support,

Sharon Cresci

314-863-6639

[scresci@dom.wustl.edu](mailto:scresci@dom.wustl.edu)

Kim Glogoza

314-369-9094

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Meet Directors – Swim Your Own Age Meet 2010





**CSP TIDERIDERS™ SWIM YOUR OWN AGE MEET  
SUNDAY, DECEMBER 5, 2010**

**EVENT SPONSORSHIP FORM**

Families are encouraged to sponsor events for their children in the Meet Book. Up to four events may be sponsored by each family. Parents usually pick events that their child likes to swim, but any event may be sponsored. Some events have even been sponsored by pets. Event sponsorship is a fun way to support your child in this meet.

Please complete and return this form **by November 10, 2010** with payment to:

**Total number of events** \_\_\_\_\_ x **\$25.00** = \_\_\_\_\_

**Total enclosed: \$** \_\_\_\_\_  
**(Please make check out to CSP Tideriders)**

\_\_\_\_ **Charge my account \$** \_\_\_\_\_  
**(Amount)**

CSP Tideriders  
SYOA – Event Sponsorship  
2627 Hope Avenue  
St. Louis, MO 63143

<b>Sponsor's Name (please print as you would like name to appear in Meet Book)</b> <b>Example – The Smith Family</b>	<b>Event</b> <b>Example: Boys 7 year old backstroke</b>

**SUPPORT YOUR SWIMMER!**



## Cardinal Glennon Children's Medical Center Toy/Gift Suggestions

Please, no stuffed animals or food items of any kind.  
Please leave all toys unwrapped.

### **INFANT/TODDLERS**

Bumbo Baby Seats (at Toys R Us)  
Bouncy Seats  
Mats for Tummy Time on the floor  
Teething rings  
Musical fish tanks for cribs  
Mobiles/Crib Gyms  
Baby Einstein Videos  
Baby Einstein Music CD's  
Blocks/Stacking Rings  
Rattles – Sassy and Playskool (no cloth, please)  
Foot and wrist rattles  
Musical toys, light up toys, cause/effect toys  
Bath toys: Bubble bath, boats, rubber ducks, small squirt toys for bath time

### **PRESCHOOL/SCHOOLAGE**

Anything Cardinals  
Snap together models for boys  
Hot Wheels and Matchbox cars  
Trucks, cars, trains, airplanes, helicopters, boats etc.  
Remote Control cars/trucks  
\* Action figures-- Toy Story, wrestlers, Power Rangers, Batman, Spiderman,  
DragonBallZ, Bob the Builder, Sponge Bob, Ninja Turtles, etc...  
Barbies and Bratz (\*of all ethnicities)  
Littlest Pet Shop, Polly Pockets  
Dress up shoes and accessories  
Coloring Books: Disney characters as well as action hero coloring books are always in demand  
Crayola Watercolors  
Crayons, markers, Colored Pencils  
Finger-paints and paper, stickers  
White sketch pads and pads of construction paper  
Glow in the Dark puzzles

Mr. and Mrs. Potato Head

Legos: Lego kits

Snapdite Car Models (Skill level 1 & 2)

Play-Doh kits, tools and plain Play-Doh

Sand Art, Art kits

Dora the Explorer, Elmo, Thomas the Train, Disney Princess items

### **TEENS**

#### *GIRLS*

\* Nail Polish

Hair things

Bead Bungees (animals etc.)

\* Art kits: Beads, sand art, jewelry kits etc...

Fun socks for girls

Lotion and shower stuff

Journals

Gel pens

Picture Frames

#### *BOYS*

Koosh Balls

CD Walkmans

Decks of Cards

Electronic games

Sunglasses

Leather wallets

Hair gel

Sports T-shirts

Baseball caps

#### *BOTH*

Anything Cardinals

\* Uno

\* Movies for Teens—(no rated R please)

\* Disposable cameras

Magic Wands (glitter in the inside)

CD Walkmans

Photo Albums

Sequence-- board game

Sunglasses

**PLEASE BRING GIFT UNWRAPPED TO THE  
MEET – BOXES WILL BE LOCATED IN THE  
LOBBY AT THE CENTER OF CLAYTON  
THANK YOU!**

**\* Indicates item in high demand**